



ANNUAL REVIEW 2023

"We help those who help others"

Twalzan Eden Rest



1995

2008

2010

2011

2015

2016

2017

- Honeymoon Bryce & Sam
- Start of the vision

- Creation of 501c3 Eden Rest in USA
- Survey of land

- Deed signed acquisition of land
- Creation of non-profit Eden Rest in St-Vincent & Twalzan Rest in Switzerland

- Construction of the Main Pavilion






- Opening of the center



- Host 12 guests
- International managers
- Construction 1st bungalow

TWALZAN EDEN REST CHRONOLOGY

-  PREPARATION/FOUNDATION
-  INITIAL CONSTRUCTION
-  GUEST HOSTING



2018



2019



2021



2023

2024

- Host 6 guests
- Completion 1st bungalow
- Host House architecture plans

- Host 8 local key workers
- Support local community with Covid-19
- Completion of Apartment 1 in Host House

- Host 22 guests
- Near completion of Host House
- Visit of several Board members

- Host guests
- Hire permanent local staff
- Beachfront development



- Host 8 guests
- Construction foundations/Water tanks Host House
- Long-term international managers



- Host 41 guests
- Completion of Host House
- Container shipped from Switzerland
- Boat
- Visit of a Board member



- Host 46 guests
- Hired and trained local workers
- Construction Host House
- Donation of 330,000 Covid masks



TWALZAN EDEN REST 2023 TIMELINE

January

- Host 2 guests
- 2 Short-term volunteers



February

- Host 3 guests
- 1 short-term volunteer
- Entrance sign
- Host House Painting, railing.



March

- Host 1 guest
- Purchase of boat
- Shipment of container from Switzerland



April

May

June

- Host 4 guests and 1 Board member
- 2 short-term volunteers
- Kitchen cabinets, Walls painting and plumbing of Host House
- Collecting the container



- Host 9 guests
- Visit of ex-Minister of Health



- Request Duty Free Concession for the container



July

August

September

October

November

December

- Host 2 guests



- Host 8 guests

- Host 1 guest



- Host 2 guests
- Building relationships with villagers

- Host 3 guests
- Local crew worked on plumbing, painting of the Host House
- Beachfront foundations slab



- Hosted 5 guests
- "Ladies night" building relationships with women of influence to bring positive change.
- Shipment of a donated mule





EMBRACING REST...

and inviting it as part of our lives is a learning curve. The more we practice rest, the more we understand its depth, its purpose and we start feeling right about it. Hard-working people who help others often feel bad slowing down.

Our Rest and Regeneration Center is specially tailored to offer our guests the possibility to taste and experience rest in their lives. It is peeling layers off, finding peace with themselves and enjoying the simple life pleasures again. It is like a gentle breeze that can turn into a steady wind blowing in their sails again.

This year, we have had the privilege of hosting and helping 41 guests embrace rest, bringing to a total of 143 guests over the past 7 years.

We are so grateful for our friends, donors and volunteers who are believing and investing in rest. Thank you for your continued support.

Helping those who help others,

Sam & Bryce Wagner
Founders of Eden Rest



2023 ACTIVITY

Pillar #1

HOSTING GUESTS

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IN THE LAST 7 YEARS, WE HAVE HOSTED OVER 140 GUESTS. THIS YEAR, WE HAD 41 WHO ENJOYED A TIME OF REST AND REGENERATION AT OUR CENTER.

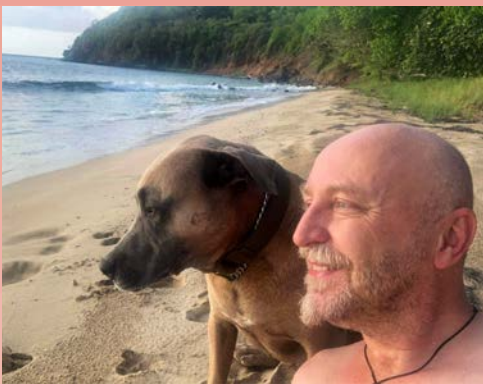
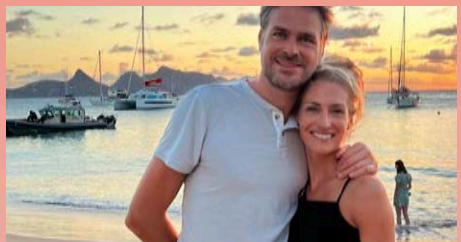


We have had the honour of hosting guests from international charities such as Mercy Ships, from various churches and missions and a board member of Eden Rest USA, bringing a total of 143 guests since opening.



The world came to Twalzan Eden Rest with guests from Switzerland, France, the USA, Canada, Czech Republic, Belgium, Germany, the Netherlands and Saint-Vincent and the Grenadines.

“I feel like Adam in Paradise here! Before the creation of Eve, just with animals. Not bad at all! I learned to be content with who I am, and realized that I've got to stop being needy relationally.”
Sasha.





2023 ACTIVITY

Pillar #2

SUPPORTING THE COMMUNITY



EVERY YEAR WE RUN INITIATIVES THAT SUPPORT THE SMALL MAYREAU VILLAGE OF OVER 300 INHABITANTS.



We organize and facilitate our traditional "ladies night" which purpose is to build relationships with women of Mayreau who are influencers and have a vision to impact their island in a positive way. We discuss, brainstorm on what can be done to increase the quality of life of the islanders.



Marion "Tonya", a Mayreaunian woman, has created and is managing the Coral Restoration program. She has raised the funding to plant and grow elkhorn and staghorn corals. Eight local people are employed to nurture the 3000 corals.



Bryce and Sam applied and received their 5-year residency permits. After nearly 20 years of going back and forth, it feels good to be a bit more Vincentians ! Their home remains in Switzerland but their second home is Mayreau.





2023 ACTIVITY

Pillar #3

EXPANDING THE CENTER



A SIGNIFICANT MILESTONE: THE NEARLY FINISHED HOST HOUSE WILL INCREASE THE GUEST HOSTING CAPACITY OF THE CENTER.



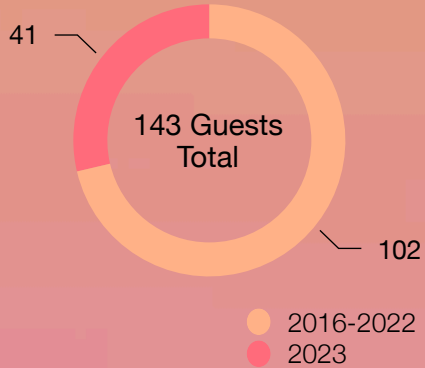
This year, we have shipped a container from Switzerland with our very first boat, home-made furnitures, tools, timber, tiles, paint, etc. The electricity, plumbing and painting are finished. The Blue Host House is nearly operational. The sign at the entrance of the property has been created with letter tiles from Portugal. This project has provided jobs for 7 villagers this year, with the help of volunteer construction crew from the USA.



We have done the excavation and built the foundations and slab for the Boat House on our beach. The Boat House will allow us to take the boat out of the water to store it during bad weather as well as our nautical sport gear.



”
SEVEN
YEARS OF
HELPING THOSE
WHO ARE
HELPING OTHERS

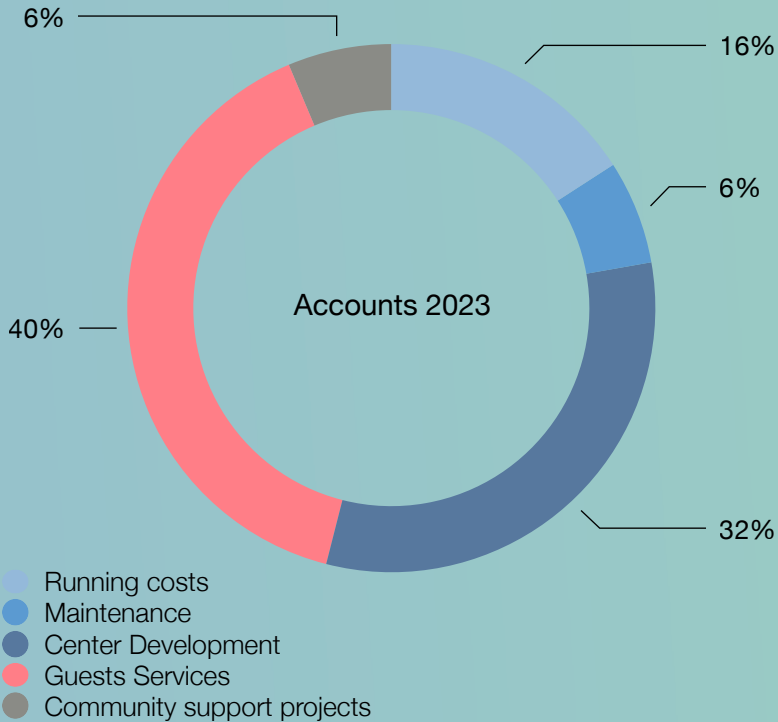


THOSE BEHIND THE SCENE

We are thankful for the quality of the skills and dedication of our volunteers who served helping with construction and maintenance work, and of our hard working local staff. Thank you Trent, Susan, Larry, Victoria, Claudie, Josie, the Knudsen family. We thank our faithful local staff Samantha and Paul, but also Kimiah, John, Kenrick, Tyreese and Norfrick.

SNAPSHOT

FUNDS AND PEOPLE RAISING



WE RAISED

over US\$ 63.000 in cash thanks to the generosity of our faithful donors and 12 volunteers donated over 4380 hours of service-in-kind.

For 2024, we will continue hosting guests, will hire a team of 3 local employees to run the Center, and will complete the development of the beachfront facility.



BOARDS OF DIRECTORS

EDEN REST INC. (ST. VINCENT)

Bryce Wagner
Réchanne Matthias-Browne
Samuèle Wagner

TWALZAN REST ASSOCIATION (SWITZERLAND)

Bryce Wagner
Jolanda Graf
Elie Pecoraro
Samuèle Wagner

EDEN REST INC. (USA)

Pamela Boyer
Victoria Dickinson
Amy Colgan
Marty Villa
Brian Colgan



“COME
TO ME
AND
I WILL
GIVE YOU
REST.”



PUTTING THE WIND BACK IN THEIR SAILS!

Twalzan Eden Rest designs, develops and manages a beautiful but simple private rest and regeneration center on the island of Mayreau for the purpose of increasing the effectiveness and efficiency of charity workers who sacrificially serve the world's destitute.

Long-term international aid workers are vulnerable to burnout after a few years on the field, working in extremely harsh poverty-stricken places.

Twalzan Eden Rest is an immediate response to this need.

info@twalzan.org | www.edenrest.org







I am interested in volunteering :

- on Mayreau (come for 2-4 weeks)
- at home (with my skills, time and network)

I would like to help :

- support rest for our guests
 - sponsor a day (food and lodging) for a charity guest at \$30
 - sponsor a week (food and lodging) for charity guests at \$210 for a single, \$420 for a couple
 - sponsor local employee weekly pay at \$180
 - any amount makes a difference

- be a "Rest" investor:
 - \$2.000 (yearly maintenance costs)
 - \$4.500 (quarterly center running costs)
 - \$5.000 (beachfront facility)

- Naming opportunities
 - \$20.000 (hillside chapel)
 - \$40.000 (for a bungalow)
 - \$60.000 (for a double bungalow)

Send this coupon by:

POST: Fauvette 98, 1012 Lausanne, Switzerland
1001 Damascus Circle, Costa Mesa, CA 91626, USA

EMAIL: info@twalzan.org

100% of all donations go directly to designated projects and are tax deductible (in US & Canada)

Twalzan Eden Rest

Rest & Regeneration Center
Membercare for Charity Workers

Trois Anse Bay, Mayreau
St Vincent and the Grenadines
West Indies

Tel: +1 784 491 6580

www.edenrest.org

